



Recovery Waters

PHYSICAL THERAPY

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Patient's Name: _____ Date of Birth: _____

Physician's Name: _____

Diagnosis: _____

Precautions/Comments: _____

PHYSICAL THERAPY

- PT Evaluate and Treat
- Lymphedema Treatment
- Compression Garment Selection and Fitting
- Pneumatic Compression Pump Assessment
- Skin and Nail Care Training
- Lipedema Treatment
- Manual Lymphatic Drainage
- Balance Training
- Gait Training
- Strengthening Training
- Range of Motion
- Postural Training
- Home Program

MASSAGE THERAPY

- Manual Lymphatic Drainage
- Post-Operative Massage
- Soft Tissue Mobilization/Massage
- Myofascial Release
- Kinesio Tape
- Structural Integration
- Graston Technique

I hereby certify that the above marked medical care is medically necessary for the patient's plan of care.

Number of visits per week: 1 2 3 4 5

Treatment Duration _____ weeks

Signature

Date